



Summer 2014 Sport and Exercise: ENGLAND and SCOTLAND!

Leadership Training - Sightseeing - Sporting Events - Recreation



SUNY Cobleskill Faculty-Led Program

Dates: June 17–July 1, 2014

Professor: Diana Niland

Location: Multiple locations

Application Deadline: January 24, 2014

COURSES: PHED 151 Wellness (1 credit)* and PERS 225 Recreational Leadership (2 credits). This academic travel program will broaden your knowledge and appreciation for the culture and recreation of the United Kingdom. **Fulfill your Sport and Exercise requirement** while enjoying activities that are popular in England and Scotland, including team sports, outdoor recreation, and leisure time pursuits. Receive hands-on instruction and participate in activities that will promote your overall wellness, expose you to cultural differences, and develop your leadership skills. *(Contact Prof. Niland for other credit options if you have already taken Wellness.)

ELIGIBILITY: Open to SUNY students in good academic standing. **PREREQUISITES:** None.

HIGHLIGHTS may include:

- Live and study at Harlaxton College, an historic English manor house in Central England
- Explore London sites such as Wembley Stadium, Olympic Park, Big Ben, Trafalgar Square, and Westminster Abbey
- Visit sporting venues, including a soccer stadium, a castle and its sporting grounds, a canal, and a cricket club
- Participate in team-building activities and learn about management of British recreational facilities and activities
- Attend lectures from local university and sport club experts
- Learn to play games such as skittles and darts, popular British leisure activities
- Experience an international train ride and discover Edinburgh, Scotland, including a Ghost Tour and Edinburgh Castle
- Fulfill your Sport and Exercise requirement in two weeks!



ESTIMATED COST: \$2,975–\$3,250 per participant. DOES NOT INCLUDE TUITION/FEES (add \$743 in-state). Includes group airfare from NYC, hotel/dormitory accommodation, most meals, program-related travel, international health insurance, and excursions/site visits. Participants will be responsible for additional meals, passport expenses, and personal spending money. Passports are required. **\$350 deposit due upon acceptance.** Financial aid may apply. Estimated Cost may increase or decrease.

For more information or to apply, contact:

Diana Niland, Head Women's Soccer Coach nilandDB@cobleskill.edu

Andrew Lucas, Study Abroad Coordinator lucasAC@cobleskill.edu



*Details including dates, costs, and itinerary items are subject to change. Costs based on 10 participants.