

# CHAMPLIN WEEKLY MENU

## Week of August 21-27

**\*\*Chicken Sandwich: Mon/Wed/Fri/Sun**

**\*\*Cheeseburger: Tues/Thurs**

**\*\*Fish Sandwich: Sat**

### HOURS Week of August 21-27

	Breakfast	Lunch	Dinner
Monday	8 - 9am	11:30am - 1pm	5 - 6pm
Tuesday	8 - 9am	11:30am - 1pm	5 - 6pm
Wednesday	8 - 9am	11:30am - 1pm	5 - 6pm
Thursday	7 - 9am	11am - 2pm	4:30 - 6pm
Friday	8 - 10am	11am - 1:30pm	5 - 7pm
Saturday	8 - 10am	11:30am - 1pm	5 - 7pm
Sunday	8 - 11am	11am - 3pm	4:30 - 6:30pm

### BREAKFAST Available Daily:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles, Breakfast Potatoes, Bagels/Pastries

### LUNCH Available Daily:

Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, MYO Waffles, Ice Cream

### DINNER Available Daily:

Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

### BREAKFAST

### LUNCH

### DINNER

<b>MONDAY – 8/21</b> Egg & Cheese on English Muffin	ENTRÉE: Baked Maple Ham / Fried Mozzarella Sticks w/Marinara STARCH & VEGETABLE: Sweet Potato Wedges / Sauteed Zucchini w/Grape Tomatoes & Garlic ALLERGEN: Baked Maple Ham w/Sweet Potato Fries & Zucchini, Tomatoes & Garlic PIZZA: Assorted DESSERT: Salted Caramel Crunch Cookies	ENTRÉE: Pepper Steak / Vegetable Spring Rolls STARCH & VEGETABLE: White Rice / Garlic Green Beans ALLERGEN: GF Pepper Steak w/White Rice & Garlic Green Beans PIZZA: Assorted DESSERT: Mixed Berry Trifle
<b>TUESDAY – 8/22</b> Birds Nest	ENTRÉE: Breaded Fried Chicken Breast w/Honey Dijon Glaze / Penne & Broccoli Alfredo STARCH & VEGETABLE: Roasted Potatoes / Sauteed Spinach ALLERGEN: Chicken Breast with Roasted Potatoes & Sauteed Spinach PIZZA: Assorted DESSERT: Chocolate Mint Cookies	ENTRÉE: Sliced Sirloin w/Mushroom Demi / Veggie LoMein STARCH & VEGETABLE: Baked Potatoes / Corn ALLERGEN: Sliced Sirloin w/Baked Potatoes & Corn PIZZA: Assorted DESSERT: Coconut Custard Pie
<b>WEDNESDAY – 8/23</b> Egg & Cheese on Croissant	<b>CAMPUS BBQ!!</b> <b>BBQ Under the Tent...</b> Hamburgers w/Cheese on the Side • Hot Dogs • Marinated Grilled Chicken Salt Potatoes • Brussel Sprouts • Baked Beans • Tossed Salad Lemonade • Unsweetened Tea • Ice Water Brownies • Cookies	ENTRÉE: Chicken Tikka Masala / Veggie Stuffed Portabella Mushroom STARCH & VEGETABLE: Basmati Rice / Garlic Naan Points / Rstd Cauliflower ALLERGEN: Chicken Tikka Masala w/Rice and Roasted Cauliflower PIZZA: Assorted DESSERT: Carrot Cake
<b>THURSDAY – 8/24</b> Cheese Blintz w/Strawberry Sauce	<b>Freshman Family Deli Picnic</b> <b>Under the Tent...</b> Choice of Turkey / Roast Beef / Italian Mixed Sub Tri-Color Pasta Salad w/Veggies Chips • Assorted Sodas • Lemonade • Ice Tea • Water Sliced Watermelon • Assorted Cookies GF Sandwich / Salad / Desserts / Chips available at each station	<b>BBQ Under the Tent...</b> Grilled NY Strip Steak (GF) Grilled Tofu & Veggie Pasta w/Marinara Sauce Salt Potatoes • Corn on the Cob Lemonade • Unsweetened Tea • Ice Water Assorted Cookies GF Brownies upon request
<b>FRIDAY – 8/25</b> Birds Nest	ENTRÉE: Blackened Catfish / Macaroni & Cheese STARCH & VEGETABLE: Garden Herb Couscous / California Blend Veggies ALLERGEN: Blackened Catfish w/California Blend Veggies PIZZA: Assorted DESSERT: Peanut Butter Cookies	ENTRÉE: Chicken & Veggie Stir Fry / Shell Pasta w/Peas & Mushrooms in 3 Cheese Sauce STARCH & VEGETABLE: Jasmine Rice / Glazed Carrots ALLERGEN: Chicken Veggie Stir Fry with Glazed Carrots PIZZA: Assorted DESSERT: Apple Pie
<b>SATURDAY – 8/26</b> <b>Brunch</b> Blueberry Pancakes	ENTRÉE: Chicken Parmesan / Tortellini w/Squash, Zucchini, Tomatoes & Spinach in Marinara ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar PIZZA: Assorted Pizza DESSERT: Sundae Bar!!	<b>LUAU TIME!!</b> <b>Under the Tent...</b> Roasted Whole Pig • Maui Grilled Salmon w/Pineapple Salsa Coconut Rice w/Toasted Coconut • Sauteed Veggies Kings Hawaiian Rolls • Mac Salad • Coleslaw Mai Tai Mocktail • Pina Colada Trifle
<b>SUNDAY – 8/27</b> <b>Brunch</b> French Toast	ENTRÉE: Penne ala Vodka w/Roasted Chicken Strips / Veggie Pot Pie w/Puff Pastry ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar PIZZA: Assorted Pizza DESSERT: Strawberry Shortcake Layer Cake	<b>WELCOME BACK BBQ Under the Tent...</b> BBQ Chicken • Beef & Veggie Gyros w/Pita Bread & Tzatziki Sauce Corn Dogs w/Condiments • Shrimp PoBoy Potato Salad • Oven Roasted Veggies • Hot Salted Pretzels • Nachos w/Toppings Gourmet Brownies • Ice Cream Novelties • GF Flourless Torte