

CHAMPLIN WEEKLY MENU

Week of January 30 – February 5

CHAMPLIN		
Breakfast	Mon-Fri	7:00am -11:00am
Lunch	Mon-Fri	11:00am - 4:00pm
Hot Bar	Mon-Fri	11:00am – 2:00pm
Dinner	Mon-Fri	4:00pm - 7:00pm
Brunch	Sat&Sun	11:00am - 3:00pm
Cont. B-fast	Sat&Sun	9:30am - 11:00am
Dinner	Sat&Sun	4:00pm - 7:00pm

BREAKFAST Available Daily:
Bacon, Turkey Bacon, Sausage, Fruit/Yogurt,
Cereals/Hot & Cold, MYO Waffles, Breakfast
Potatoes, Bagels/Pastries

LUNCH Available Daily:
Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot
Bar, Deli, Salad Bar, MYO Waffles, Ice Cream

DINNER Available Daily:
Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot
Bar, Deli, Salad Bar, Ice Cream

****Chicken Sandwich: Mon/Wed/Fri/Sun **Cheeseburger: Tues/Thurs **Fish Sandwich: Sat**

BREAKFAST

LUNCH

DINNER

MONDAY – 1/30 OMELETS TO ORDER Egg & Cheese on English Muffin	SOUP: Chicken Noodle Soup ENTRÉE: Glazed Corned Beef Brisket / Veggie & Tofu Gyros STARCH & VEGETABLE: Onion Rings / Steamed Veggies COOK'S CORNER: Mexican Crunch Wrap / Jalapeno Poppers ALLERGEN: Honey Mustard Chicken Casserole PIZZA: English Muffin Pizza DESSERT: Chocolate White Chip Cookies	SOUP: Chicken Noodle Soup ENTRÉE: Chicken Cordon Bleu / Mac & Cheese STARCH & VEGETABLE: Oven Roasted Potatoes / Peas & Pearl Onions COOK'S CORNER: Mexican Crunch Wrap / Jalapeno Poppers ALLERGEN: Rice Noodle Bar w/Chicken & Veggies and Stirfry Sauce PIZZA: English Muffin Pizza DESSERT: Tiramisu
TUESDAY – 1/31 OMELETS TO ORDER French Toast	SOUP: Creamy Roasted Cauliflower ENTRÉE: Honey Garlic Salmon / Veggie Flatbread w/Hummus, Caramel Onions, Pecans, Feta STARCH & VEGETABLE: Confetti Cous Cous / Yellow Squash & Broccoli w/Ginger Butter COOK'S CORNER: Pho Noodle Bowl DELI: BURRITO BAR! ALLERGEN: GF Grilled Cheese Bar w/Potato Salad PIZZA: Stromboli DESSERT: Chocolate Chip Walnut Blondies	SOUP: Creamy Roasted Cauliflower ENTRÉE: Roasted Sirloin Steak w/Beef Gravy / Creamy Orzo Pasta w/Peas & Parmesan STARCH & VEGETABLE: Mashed Potatoes / Bermuda Blend Veggies COOK'S CORNER: Pho Noodle Bowl DELI: BURRITO BAR! ALLERGEN: Grilled Pork Chops w/Baked Beans & Green Beans PIZZA: Stromboli DESSERT: Hot Apple Crisp
WEDNESDAY – 2/1 OMELETS TO ORDER Ham, Egg, Cheese on Biscuit	SOUP: French Onion ENTRÉE: BBQ Pulled Pork / Portabella Burgers STARCH & VEGETABLE: Salt Potatoes / Buttered Corn COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp & Veggies ALLERGEN: Seared Chicken Breast w/Rice Pilaf & Sautéed Spinach PIZZA: Cheesy Garlic Bread Sticks DESSERT: Cream Puffs & Eclairs	SOUP: French Onion ENTRÉE: Baked Cod w/Gremolata Crust / Veggie Pot Pie w/Puff Pastry STARCH & VEGETABLE: Rice Pilaf / Seared Asparagus COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp & Veggies ALLERGEN: Roasted Sliced London Broil w/Veggies & Baked Potatoes PIZZA: Cheesy Garlic Bread Sticks DESSERT: White Chocolate Blueberry Brulee Cheesecake
THURSDAY – 2/2 OMELETS TO ORDER Bread Pudding w/Vanilla Custard Sauce	SOUP: Chicken Corn Chowder ENTRÉE: Panko Crusted Chicken w/Broccoli Cheddar Sauce / Fried Battered Green Beans STARCH & VEGETABLE: Curly Fries / Steamed Broccoli COOK'S CORNER: Stir Fry Bar – Assorted fillings DELI: BURRITO BAR! ALLERGEN: Chicken & Broccoli Alfredo over GF Pasta PIZZA: Hawaiian Pizza DESSERT: Raspberry Cream Cheese Cookies	SOUP: Chicken Corn Chowder ENTRÉE: Maple Glazed Roasted Duck / Bowtie Pasta Toss STARCH & VEGETABLE: Sweet Potato Wedges / Zucchini, Mushrooms, Tomatoes & Scallions COOK'S CORNER: Stir Fry Bar - Assorted fillings DELI: BURRITO BAR! ALLERGEN: Shepards Pie PIZZA: Hawaiian Pizza DESSERT: Peanut Butter Silk Pie
FRIDAY – 2/3 OMELETS TO ORDER Egg, Cheese on Bagel	SOUP: Turkey Rice / Tomato ENTRÉE: Wing Bar / Baked Stuffed Shells STARCH & VEGETABLE: Seasoned Potato Wedges / Garlic Cheddar Biscuits COOK'S CORNER: Grilled Cheese Bar with choice of toppings DELI: BURRITO BAR! ALLERGEN: Chicken Stir Fry over White Rice PIZZA: Broccoli White Pizza DESSERT: Sugar Cookies	SOUP: Turkey Rice / Tomato ENTRÉE: Stuffed Pork Roulade w/Apples, Craisins & Herb Gravy / Mushroom & Feta Strudel STARCH & VEGETABLE: Cheesy Potato Bake / Sautéed Spinach DELI: BURRITO BAR! ALLERGEN: Chili Bar w/ag of Chips PIZZA: Broccoli White Pizza DESSERT: Lemon Cream Cake
SATURDAY – 2/4 Brunch OMELETS TO ORDER Omelets 9:30am-11:00am Late Nite 7:30 – 10pm Deli/Pizza	SOUP: Soup Du Jour ENTRÉE: Pancakes COOK'S CORNER: Omelets / Eggs ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar DESSERT: Assorted Pastries	SOUP: Soup DuJour ENTRÉE: Beef Pot Roast / Asian Alfredo w/LoMein STARCH & VEGETABLE: Egg Noodles / Glazed Carrots / Dinner Rolls ALLERGEN: Chicken & Biscuits w/Mashed Potatoes & Corn PIZZA: Assorted DESSERT: Cookies & Cream Pie
SUNDAY – 2/5 Brunch OMELETS TO ORDER Omelets (CTO) Continental Breakfast	SOUP: Soup DuJour ENTRÉE: Belgian Waffles COOK'S CORNER: Omelets / Eggs ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar DESSERT: Assorted Pastries	SOUP: Soup DuJour ENTRÉE: Coconut Curry Chicken / Penne ala Vodka STARCH & VEGETABLE: White Rice / Garlic Green Beans ALLERGEN: Beef Tacos w/Toppings & Side of Mexican Chopped Salad PIZZA: Assorted DESSERT: Ice Cream Novelties