

# CHAMPLIN SUMMER MENU

## August 22-28

**\*\*Mini Salad Bar and Deli Open at all meals**  
**\*\*Fried Chicken Sandwich: Mon/Wed/Fri/Sun**  
**\*\*Cheeseburger: Tues/Thurs**  
**\*\*Fried Fish Sandwich: Sat**

### BREAKFAST

### LUNCH

### DINNER

<p><b>MONDAY – 8/22</b>  <b>Breakfast: 8 – 9am</b>  <b>Western Wrap</b>  <b>Lunch: 11:30am – 1pm</b>  <b>Dinner: 4:30 – 6pm</b></p>	<p><b>SOUP:</b> Italian Wedding Soup  <b>ENTRÉE:</b> Monte Cristo Sandwich / Mozzarella Sticks w/Marinara  <b>STARCH &amp; VEGETABLE:</b> Onion Rings / Normandy Blend  <b>ALLERGEN:</b> Honey Mustard Chicken Casserole  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Raspberry Cream Cheese Cookies</p>	<p><b>SOUP:</b> Italian Wedding Soup  <b>ENTRÉE:</b> Pot Roast / Garden Veggie, Egg &amp; Cheese Tart  <b>STARCH &amp; VEGETABLE:</b> Egg Noodles / Sauteed Yellow Squash w/Garlic  <b>ALLERGEN:</b> BBQ Pork Chops, Mashed Sweet Potatoes, Corn  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Carrot Cake</p>
<p><b>TUESDAY 8/23</b>  <b>Breakfast: 8 – 9am</b>  <b>Fried Dough</b>  <b>Lunch: 11:30am – 1pm</b>  <b>Dinner: 4:30 – 6pm</b></p>	<p><b>SOUP:</b> Loaded Potato  <b>ENTRÉE:</b> Chicken Parm / Baked Ziti  <b>STARCH &amp; VEGETABLE:</b> Bosco Sticks Sauteed Spinach w/Garlic  <b>ALLERGEN:</b> Chicken &amp; Veggie Lo Mein w/Rice Noodles  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Tiramisu</p>	<p><b>SOUP:</b> Loaded Potato  <b>ENTRÉE:</b> Fried Seafood Platter / Penne w/Broccoli Alfredo  <b>STARCH &amp; VEGETABLE:</b> Waffle Fries / Buttered Peas  <b>ALLERGEN:</b> Grilled Flank Steak w/Beef Gravy, Baby Bakers and Bermuda Blend Veggies  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Apple Pie</p>
<p><b>WEDNESDAY – 8/24</b>  <b>Breakfast: 8 – 9am</b>  <b>Cheese Blintz w/Strawberry</b>  <b>Lunch: 11:30am – 1:30pm</b>  <b>Dinner: 4:30 – 6pm</b></p>	<p><b>SOUP:</b> Turkey Rice  <b>ENTRÉE:</b> Coconut Curry Chicken / Meatless Veggie Tacos  <b>STARCH &amp; VEGETABLE:</b> White Rice / Garlic Green Beans  <b>ALLERGEN:</b> Grilled Cheese w/choice of Cheese, Ham or Turkey w/Oven Rstd Potatoes  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Cannoli</p>	<p><b>SOUP:</b> Turkey Rice  <b>ENTRÉE:</b> Sliced Sirloin w/Demi Glace / Cheese Lasagna  <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes / Squash Zucchini, Grape Tomatoes &amp; Garlic  <b>ALLERGEN:</b> Mac 'n Cheese w/choice of Chicken, Veggies, Bacon &amp; Toppings  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Blueberry Crunch Pie</p>
<p><b>THURSDAY – 8/25</b>  <b>Breakfast: 8 – 9am</b>  <b>Egg &amp; Cheese Sandwich</b>  <b>Lunch: 11:30am – 1:30pm</b>  <b>Dinner: 4:30 – 6pm</b></p>	<p><b>SOUP:</b> Cheeseburger Chowder  <b>ENTRÉE:</b> Chicken Cordon Bleu w/Honey Dijon / Mac 'n Cheese  <b>STARCH &amp; VEGETABLE:</b> Parsley Buttered Potatoes / Baby Carrots  <b>ALLERGEN:</b> Sweet 'n Sour Chicken w/Carrots, Onions, Peppers &amp; Pineapple over Rice  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Lemon Bars</p>	<p><b>SOUP:</b> Cheeseburger Chowder  <b>ENTRÉE:</b> Oven Roasted Turkey w/Gravy / Pesto Veggie Stacker w/Mozzarella  <b>STARCH &amp; VEGETABLE:</b> Candied Yams / Buttered Corn  <b>ALLERGEN:</b> Meatloaf w/Gravy, Buttered Potatoes and Steamed Veggies  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Cheesecake with Raspberry Melba Drizzle</p>
<p><b>FRIDAY – 8/26</b>  <b>Breakfast: 8 – 9am</b>  <b>French Waffle</b>  <b>Lunch: 11am – 2pm</b>  <b>Dinner: 4:30 – 7pm</b></p>	<p><b>FRESHMAN FAMILY PICNIC!</b>  <b>Choice of Subs: Turkey / Roast Beef / Italian / Veggie w/Hummus</b>  <b>Tri-Color Pasta Salad w/Veggies</b>  <b>Dill Pickle Spears / Assorted Chips</b>  <b>Sliced Watermelon / Assorted Cookies</b>  <b>Assorted Canned Soda / Water / Tea / Lemonade</b>  <b>GLUTEN FREE Sandwiches, Pasta Salad, Chips and Dessert Available!!</b></p>	<p><b>WELCOME FRESHMAN BBQ!</b>  <b>Grilled Strip Steak / BBQ Pork Ribs</b>  <b>Grilled Veggies &amp; Tofu on Brioche Roll of GF Bun w/Balsamic Glaze</b>  <b>Baked Beans / Salt Potatoes</b>  <b>Corn on the Cob / Coleslaw</b>  <b>Fruit Salad / Cupcakes / GF Desserts</b>  <b>Assorted Canned Soda / Water / Tea / Lemonade</b></p>
<p><b>SATURDAY – 8/27</b>  <b>Brunch: 8 – 9:30am</b>  <b>Lunch: 11:30am – 2pm</b>  <b>Dinner: 5 – 7pm</b></p>	<p><b>SOUP:</b> DuJour  <b>ENTRÉE:</b> Honey Garlic Salmon / Honey Sesame Marinated Tofu  <b>STARCH &amp; VEGETABLE:</b> Confetti Cous Cous / Bermuda Blend  <b>ALLERGEN:</b> Beef or Chicken Tacos w/Toppings and Spanish Rice  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Assorted Cookies</p>	<p><b>SOUP:</b> DuJour  <b>ENTRÉE:</b> Grilled Pork Chops / Cheese Ravioli w/Marinara  <b>STARCH &amp; VEGETABLE:</b> Seasoned Potato Wedges / Steamed Veggie Blend  <b>ALLERGEN:</b> Maple Baked Ham w/Scalloped Potatoes, Peas &amp; Carrots  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Shortcake Bar</p>
<p><b>SUNDAY – 8/28</b>  <b>Brunch: 8 – 11am</b>  <b>Lunch: 11:30am – 3:30pm</b>  <b>Dinner: 4:30 – 7pm</b></p>	<p><b>SOUP:</b> DuJour  <b>ENTRÉE:</b> Penne A La Vodka w/ Roasted Chicken Strips and Veggie Pot Pie w/Puff Pastry  <b>STARCH &amp; VEGETABLE:</b> Garlic Knots / Steamed Broccoli  <b>ALLERGEN:</b> Cheeseburger Bar w/Toppings, Macaroni Salad, Chips &amp; Pickles  <b>PIZZA:</b> Assorted  <b>DESSERT:</b> Assorted Cookies</p>	<p><b>WELCOME BACK DINNER!</b>  <b>BBQ Chicken / Beef &amp; Veggie Gyros</b>  <b>Corn Dogs / Shrimp Rolls</b>  <b>Potato Salad / Oven Roasted Veggies</b>  <b>Hot Salted Pretzels / Nacho Chips w/toppings</b>  <b>Gourmet Brownies &amp; Ice Cream Novelties</b>  <b>GF Flourless Torte</b>  <b>Assorted Canned Soda / Water / Tea / Lemonade</b></p>