

You are receiving this message because you have tested positive for COVID-19. Please be sure to adhere to the following information, for your safety and the safety of the campus community.

***The medical staff of the Wellness Center, under the direction of the Schoharie County Department of Health, has the continued authority and responsibility to place students in isolation.***

If you tested positive with a rapid at-home COVID test, please submit a picture of your positive test with a photo ID as well as the date of test to: wellnesscenter@cobleskill.edu. Note that the Community Testing Site in the campus Ballroom is separate from the College's testing site, and you will need to submit positive results from this site to the Wellness Center.

**If you are a residential student and choose to isolate on campus**, you will be assigned to an isolation room. The Wellness Center will coordinate your move into the temporarily assigned residence hall for the duration of your isolation. The Wellness Center is open weekdays from 8:00 a.m. to 4:15 p.m. and may be reached by calling 518-255-5225. If the Wellness Center is closed, please reach out to the University Police at 518-255-5555 to assist in coordinating your move to on-campus isolation.

**Please do the following:**

- *At this time*, you must complete this form <https://cobleskill.formstack.com/forms/reportqi>
- *At the conclusion of your isolation period*, you must again complete this form <https://cobleskill.formstack.com/forms/reportqi> and, this time, attach your Affirmation of Isolation form accessed via this link: [New York State's Approach to Isolation and Quarantine | Department of Health \(ny.gov\)](#)
- As per NYS DOH guidance, you are responsible for contacting those with whom you were in close contact with 48 hours prior to symptom onset or 48 hours prior to positive test date, if asymptomatic, until the date you were notified to isolate. A close contact is defined as someone who has been in contact with a COVID positive individual for a cumulative 15 minutes within a 24-hour time span regardless of whether masks were worn or not. Please advise your direct contacts to visit the SUNY Cobleskill Wellness Center homepage for information regarding current quarantine guidance.
- Positive individuals should not COVID test for 90 days.
- Please submit this [Dining Order Form](#) daily with your food order and CAS will deliver your meal to your room while you are in isolation.

**If you are a residential student and choose to isolate off campus**, gather your belongings and proceed to leave campus promptly. Please notify the Wellness Center that you will isolate off campus.

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- Positive individuals should not COVID test for 90 days.

**If you are a commuter student**, please leave campus promptly.

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- Positive individuals should not COVID test for 90 days.

Break



### Isolation for the General Public<sup>3</sup>

“Isolation” is for people who have a positive COVID-19 test or who have symptoms and are waiting for the results of a COVID-19 test.

Isolation is the same for everyone, regardless of whether they are unvaccinated, vaccinated, or boosted.

	Symptoms, Waiting for Test Result	No Symptoms, Positive Test	Symptoms, Positive Test	Hospitalized for COVID-19 or Immunocompromised
<b>Duration of Isolation</b>	Until test result is received or 5 days, whichever is first.  If test result is negative, isolation can end.  If test result is positive, see “Symptoms, Positive Test” column.	5 days (day 0 is the day the test was collected; isolation ends <u>after</u> day 5).  10 days if unable to wear a well-fitting mask days 6-10  If symptoms develop after testing positive, start 5-day count again with day 0 being the day symptoms started.	Minimum of 5 days (day 0 is the day symptoms start; isolation ends <u>after</u> day 5). <u>and</u> when fever-free for 24 hours without fever-reducing medication <u>and</u> symptoms have improved  10 days if unable to wear a well-fitting mask days 6-10	10 - 20 days, consult healthcare provider
<b>Antigen Test Timing at the End of Isolation</b>	N/A	Optional. If testing is done, it should be on at least day 5 of isolation.  If positive, isolate through day 10. If negative, isolation can end but continue to wear a mask through day 10.	Optional. If testing is done, it should be on at least day 5 of isolation (when fever free for 24 hours and symptoms have improved).  If positive, isolate through day 10. If negative, isolation can end but continue to wear a mask through day 10.	Consult healthcare provider

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Need Assistance? Here are some important contacts to help provide any assistance required.

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|---------------------------------------|---------------------|
| 1. Schoharie County Health Department | 518-295-8365        |
| 2. Beard Wellness Center              | 518-255-5225        |
| 3. University Police Department       | 518-255-5555 or 911 |
| 4. Emergency Medical Service          | 911                 |
| 5. Facilities/ Custodial Services     | 518-255-5228        |
| 6. Residential Life                   | 518-255-5215        |
| 7. Academic Support Services (CASE)   | 518-255-5872        |
| 8. Dining Services (CAS)              | 518-255-5206        |