

**This message is to inform you that you have been exposed to a person who has tested positive for COVID-19. Please continue to read the following information for quarantine guidance based on your vaccination status.**

## Quarantine

### Who Does Not Have to Quarantine After Close Contact with Someone with COVID-19?

- Students who have received all [CDC recommended COVID-19 vaccine doses](#), including [boosters](#). If you are immunocompromised, you may need [additional primary shots](#).
- Anyone who has had confirmed COVID-19 within the last 90 days (tested positive using a [viral test](#), e.g. antigen or PCR).

### Who Should Quarantine After Close Contact with Someone with COVID-19?

- Students who have completed the [primary series](#) of recommended vaccine, and are eligible for a [CDC recommended booster shot](#) but have not received it or 14 days have not passed since their last dose.
- Anyone who has not completed a [primary vaccine series](#).
- Anyone who is not vaccinated, including anyone with medical or religious exemptions.

For those who are advised to quarantine you are required to complete the following forms for official documentation purposes. Please complete the [Notification of Quarantine/Isolation](#) immediately and complete the [Quarantine/Isolation Attestation Form](#) at the completion of your quarantine.

### What do I do to Quarantine?

- Wear a well-fitting mask around others for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0).
- **Get tested at least 5 days after** you last had close contact with someone with COVID-19. If you test positive or develop COVID-19 symptoms, isolate from other people and follow recommendations in the [Isolation](#) section below.

### Housing During Quarantine:

- You may choose to quarantine off campus or residential students may either remain in their current residential hall room or can request to be assigned to a room in a designated quarantine residence hall on campus
- If you choose to move to the designated quarantine residence hall, please contact the Wellness Center during normal business hours of Monday-Friday 8-4:15 or contact UPD outside of these hours

### Meals During Quarantine:

- Residential students may order “grab and go” meals in Champlin dining hall by completing the [Residential On Campus Food Ordering Form](#) daily to arrange for this. Students who have been advised to quarantine are not permitted to remain/eat in any on campus dining

Attending Class During Quarantine:

- Fully vaccinated students who must quarantine because they did not receive a CDC recommended booster when eligible (or have not completed the 14-day period after their last vaccine dose) **can attend classes or work while wearing a mask on campus during the quarantine period.**

After Quarantine:

- Watch for symptoms until 10 days after the date of the last close contact with someone with COVID-19.
- If symptoms develop, quarantine immediately and [get tested](#).