

This message is to inform you that you have been exposed to a person who has tested positive for COVID-19. Please continue to read the following information for quarantine guidance based on your vaccination status.

Quarantine

Who Does Not Have to Quarantine After Close Contact with Someone with COVID-19?

- Students who have received all [CDC recommended COVID-19 vaccine doses](#), including [boosters](#). If you are immunocompromised, you may need [additional primary shots](#).
- Anyone who has had confirmed COVID-19 within the last 90 days (tested positive using a [viral test](#), e.g. antigen or PCR).

Instead of Quarantining:

- Wear a [well-fitting mask](#) around others for 10 days from the date of last close contact with someone with COVID-19.
- [It is recommended to get tested](#) (either at the Wellness Center or at a local testing center/pharmacy) at least 5 days after the date of last close contact with someone with COVID-19. If test is positive or COVID-19 symptoms develop, isolate from other people and follow recommendations in the **Isolation** section of this guidance document.
 - Anyone who had COVID-19 within the last 90 days does not need to get tested after close contact with someone with COVID-19.

Who Has to Quarantine After Close Contact with Someone with COVID-19?

- Students who have completed the [primary series](#) of recommended vaccine, and is eligible for a [CDC recommended booster shot](#) but has not received it or is not 14 days since their last eligible dose at time of exposure.
- Anyone who has not completed a [primary vaccine series](#).
- Anyone who is not vaccinated, including anyone with medical or religious exemptions.

For those who are advised to quarantine you are required to complete the following forms for official documentation purposes. Please complete the [Notification of Quarantine/Isolation](#) immediately and complete the [Quarantine/Isolation Attestation Form](#) at the completion of your quarantine.

Housing During Quarantine:

- You may choose to quarantine off campus or residential students may either remain in their current residential hall room or can request to be assigned to a room in a designated quarantine residence hall on campus
- If you choose to move to the designated quarantine residence hall, please contact the Wellness Center during normal business hours of Monday-Friday 8-4:15 or contact UPD outside of these hours

Meals During Quarantine:

- Residential students may order “grab and go” meals in Champlin dining hall by completing the [Residential On Campus Food Ordering Form](#) daily to arrange for this. Students who have been advised to quarantine are not permitted to remain/eat in any on campus dining facility.

Attending Class During Quarantine:

- Fully vaccinated students who must quarantine because they did not receive a CDC recommended booster when eligible (or have not completed the 14-day period after their last vaccine dose) **can attend classes or work on campus during the quarantine period** where masking, distancing, etc. is monitored and enforced. However, these individuals must continue to quarantine as otherwise required outside of academic instruction periods in school. **Extra-curricular, athletics, and/or community activities are not permitted during quarantine.** Students who participate in any of these said activities while in quarantine may be referred to the Student Conduct process.

After Quarantine:

- Watch for symptoms until 10 days after the date of the last close contact with someone with COVID-19.
- If symptoms develop, quarantine immediately and [get tested](#).

The below chart will help you quickly find your quarantine and testing requirements.



People with Known Exposure to COVID-19 Who Do Not Have Symptoms¹
 “Quarantine”

	Age 12 years - Adults				All ages
	Fully Vaccinated and Boosted	Fully Vaccinated, not yet eligible for booster	Fully Vaccinated, eligible for booster but not yet boosted	Not yet Fully Vaccinated	Tested positive for COVID-19 within the past 3 months (regardless of vaccination status)
Quarantine Duration	No	No	5 days	5 days	No
Attend or work at school, including travel to/from school (e.g., on bus)	Yes	Yes	Yes. Testing encouraged. Participate in Test-to-Stay at school if available. No extra-curriculars.	No, unless in Test-to-Stay. No extra-curriculars.	Yes
Testing	Test whichever comes 1st: at least 5 days after last exposure (testing recommended but optional if unable to test) or if Symptoms develop. If positive, isolate for at least 5 days from symptom onset or (if no symptoms) date test was collected.				No test needed. Test if Symptoms develop.