

SUNY Cobleskill, under the direction of the Schoharie County Department of Health, has the continued authority and responsibility to place students in isolation.

If you tested positive with a rapid at-home COVID test or a test performed off-campus, please submit a picture of your positive test with a photo ID as well as the date of test to: wellnesscenter@cobleskill.edu and to covidtesting@cobleskill.edu.

If you are a residential student and choose to isolate on campus, you will be assigned to an isolation room. SUNY Cobleskill will coordinate your move into the temporarily assigned residence hall for the duration of your isolation. The Wellness Center is open weekdays from 8:00 a.m. to 4:15 p.m. and may be reached by calling 518-255-5225. If the Wellness Center is closed, please reach out to the University Police at 518-255-5555 to assist in coordinating your move to on-campus isolation.

Please do the following:

- *At this time*, you must complete this form <https://cobleskill.formstack.com/forms/reportqi>
- *At the conclusion of your isolation period*, you must again complete this form <https://cobleskill.formstack.com/forms/reportqi> and, this time, attach your Affirmation of Isolation form accessed via this link: [New York State's Approach to Isolation and Quarantine | Department of Health \(ny.gov\)](#)
- As per NYS DOH guidance, you are responsible for contacting those with whom you were in close contact with 48 hours prior to symptom onset or 48 hours prior to positive test date, if asymptomatic, until the date you were notified to isolate. A close contact is defined as someone who has been in contact with a COVID positive individual for a cumulative 15 minutes within a 24-hour time span regardless of whether masks were worn or not. Please direct any of your close contacts to [The Wellness Center homepage](#) for information regarding quarantine guidelines.
- Positive individuals should not COVID test for 90 days.
- Please submit this [Dining Order Form](#) daily with your food order and CAS will deliver your meal to your room while you are in isolation.

New Order from Schoharie County Department of Health on Roommate Isolation:

The Schoharie Department of Health has issued the following order to the College which we are required to uphold for residential students who share a room:

With the guidance that positive individuals should isolate for five days it is important to understand that a return to activities after five days is dependent on that you are asymptomatic, or your symptoms were mild and are improving. Specifically, to return to activities, you must be fever free for 24 hours without the use of fever reducing medication, you no longer have a runny nose, and you have no more than a minimal, nonproductive cough. Students who do not meet these guidelines, **MUST** continue to isolate. It is common for people to have to isolate longer than five days. If you meet the above criteria, you may leave isolation and wear a well-fitting mask at all times while you resume regular activities.

Masks are not able to be worn during sleep. Therefore, if you have a roommate, you cannot return to a **shared sleeping space until at least 10 days have passed since the onset of symptoms or your positive test result.** This means that if you have a roommate, you must continue to sleep in your assigned isolation room until the completion of 10 days even though you may leave your isolation room to attend classes and activities.

Should you have questions regarding these policies please contact the [Wellness Center](#).

If you are a residential student and choose to isolate off campus, gather your belongings and proceed to leave campus promptly. Please notify the campus (The Wellness Center Monday-Friday 8-4:15 or UPD if The Wellness Center is closed) that you will isolate off-campus.

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If you are a commuter student, please leave campus promptly.

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- Positive individuals should not COVID test for 90 days.

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Isolation for the General Public³

“Isolation” is for people who have a positive COVID-19 test or who have symptoms and are waiting for the results of a COVID-19 test.

Isolation is the same for everyone, regardless of whether they are unvaccinated, vaccinated, or boosted.

	Symptoms, Waiting for Test Result	No Symptoms, Positive Test	Symptoms, Positive Test	Hospitalized for COVID-19 or Immunocompromised
Duration of Isolation	<p>Until test result is received or 5 days, whichever is first.</p> <p>If test result is negative, isolation can end.</p> <p>If test result is positive, see “Symptoms, Positive Test” column.</p>	<p>5 days (day 0 is the day the test was collected; isolation ends <u>after</u> day 5).</p> <p>10 days if unable to wear a well-fitting mask days 6-10</p> <p>If symptoms develop after testing positive, start 5-day count again with day 0 being the day symptoms started.</p>	<p>Minimum of 5 days (day 0 is the day symptoms start; isolation ends <u>after</u> day 5). <u>and</u> when fever-free for 24 hours without fever-reducing medication <u>and</u> symptoms have improved</p> <p>10 days if unable to wear a well-fitting mask days 6-10</p>	10 - 20 days, consult healthcare provider
Antigen Test Timing at the End of Isolation	N/A	<p>Optional. If testing is done, it should be on at least day 5 of isolation.</p> <p>If positive, isolate through day 10. If negative, isolation can end but continue to wear a mask through day 10.</p>	<p>Optional. If testing is done, it should be on at least day 5 of isolation (when fever free for 24 hours and symptoms have improved).</p> <p>If positive, isolate through day 10. If negative, isolation can end but continue to wear a mask through day 10.</p>	Consult healthcare provider

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Need Assistance? Here are some important contacts to help provide any assistance required.

1. Schoharie County Health Department 518-295-8365
2. Beard Wellness Center 518-255-5225
3. University Police Department 518-255-5555 or 911
4. Emergency Medical Service 911
5. Facilities/ Custodial Services 518-255-5228
6. Residential Life 518-255-5215
7. Academic Support Services (CASE) 518-255-5872
8. Dining Services (CAS) 518-255-5206

For more details regarding SUNY Cobleskill Isolation and Quarantine Guidelines please click [here](https://www.cobleskill.edu/spring2022plan/).
(<https://www.cobleskill.edu/spring2022plan/>)